

Mental Hygiene Administration

55 Wade Avenue
Dix building
Catonsville, MD 21228

- Take I-695 to Exit 12C – Wilkens Avenue **West**
- At the bottom of the exit ramp,
 - From Baltimore, turn right onto Wilkens Avenue
 - From Towson, turn left onto Wilkens Avenue
- Proceed through the first traffic light
- Bear right at the second traffic light onto “**Valley Road**”
(Approximately .5 miles from exit ramp)
- Make an **immediate right turn** into the entrance of the Spring Grove Hospital Center (SGHC)
- Follow the entrance road along the tree line bearing **left**
- Make a left turn onto “**Dogwood Circle**”
(You will see “MHA HQ Dix Bldg”)
- Please park in either the lot toward the left or right
[Parking on the grounds of Spring Grove is FREE]

Once inside the Dix building, please sign-in at the receptionist desk.